



**Boston University Center for Psychiatric Rehabilitation eCast
January 2012**

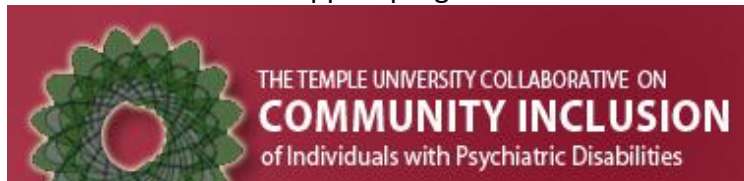
NEW Online Seminar: *Self-Directed Psychiatric Rehabilitation Activities*

The *Self-Directed Psychiatric Rehabilitation Activities* online seminar is designed to facilitate personal exploration, either independently or with support, through the process of considering, choosing, getting, and keeping a preferred living, learning, working, or social role.

Activity outlines, examples, and worksheets are included within each online lecture to help individuals learn about the processes through the experience of direct application. The process in this seminar is designed to assist a person to explore and learn about how to develop readiness for rehabilitation; to choose a valued role in residential, educational, vocational, and social settings; and to review and develop skills and supports that may be needed for success and satisfaction within a chosen role. Successful participation in this online seminar earns 10 Professional Development Program (PDP) hours, which can be used for continuing education purposes. For more information, [click here](#) . For any questions, contact Sue McNamara by e-mail at suemacs@bu.edu or by phone at (617) 358-2574.

Recruiting Participants

The Temple University *Collaborative on Community Inclusion of Individuals with Psychiatric Disabilities* has launched an Internet-based Parenting Education and Social Support Program, part of a national research study examining the effectiveness of an Internet parenting education and social support program for mothers with a psychiatric disability.



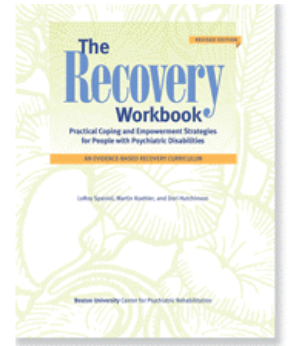
They are currently recruiting participants for the study who will be compensated up to \$100 for their participation in this study.

For more information about this project email: momssupport@temple.edu or [click here](#).

Recovery Workbooks Promotion!!

During the Winter 2012, we're offering a promotion for our Recovery Workbooks. If you purchase the *Recovery Workbook 1: Practical Coping and Empowerment Strategies for People with Psychiatric Disabilities*, then you'll get a copy of the *Recovery Workbook 2: Connectedness for Free!*

Both books have accompanying Leader's Guides; and both books are recommended for use by consumer and/or professional leaders as part of a training workshop, course, or seminar in the recovery process. They also can be used by self-help groups and individuals for self-study of recovery. For more information about these books, go to:



Recovery Workbook 1: <http://www.bu.edu/cpr/products/curricula/recovery.html>

Recovery Workbook 2: <http://www.bu.edu/cpr/products/curricula/connectedness.html>

For a complete list of all our products about Recovery, [Click here](#). For information about any of our products, contact Sue McNamara at suemac@bu.edu or (617) 358-2574.

CPR News and Recent Activity

New Publication:

Congratulations: Research on "Workplace Prejudice and Discrimination toward Individuals with Mental Illnesses" written by Zlatka Russinova, Shanta Griffin, Philippe Bloch, Nancy J. Wewiorskic and Ilina Rosoklija was published in the *Journal of Vocational Rehabilitation* 35 (2011) pp. 227–241
For information [click here](#)

Conference Board Update



Conference Board

The Conference Board website has been

revised and updated. *You may need to refresh or reload the page to see the update.*

[Click here to see the Conference Board.](#)

We are on Facebook!

To keep up to date with us, catch us on Facebook.



Applications are now available

Applications for the 2012 Advanced Rehabilitation Research Training projects (CFDA 84.133P-1) Current Closing Date for Applications: Feb 28, 2012. Deadline for Transmittal of Applications: February 28, 2012. Full announcement and application are available by [clicking here](#).

NEW! Essential Guide to Psychiatric Rehabilitation Practice



Take the opportunity to advance your understanding of the psychiatric rehabilitation process with this *Essential Guide to Psychiatric Rehabilitation Practice* by William A. Anthony & Marianne D. Farkas. Features of the Guide include checklists, case examples, and key principles that support effective implementation.

The psychiatric rehabilitation process effectively helps people living with psychiatric disabilities become more successful and satisfied in living, working, learning, and social environments of their choice in any program model, setting or discipline. [For more information click here](#). For any questions or more information, please contact

Sue McNamara by e-mail at suemac@bu.edu or by phone at (617) 358-2574.

Anti-Stigma Service Learning Project for Students

The Dept. of Psychiatric Rehabilitation & Counseling Professions of the University of Medicine & Dentistry of NJ is seeking persons with lived experience of mental illness to act as peers to young adults in hopes of reducing stigma.



This exciting new project, "It's Okay to Talk About It", is made possible by the Mental Health Foundation of Albany, NY and their Young Adults Programs to improve access to mental health-related education and services. More information [click here](#).

Please help us improve our e-newsletter:



Please complete a brief survey [by clicking here](#)

Suggestions and Subscriptions:

Suggestions are welcome and should be emailed to Bernie Kingsley at bernardk@bu.edu

To subscribe to the eCast with a new email address [click here](#).

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This eCast was produced by B. Kingsley

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eCast contents do not represent the policies of these Federal agencies and readers should not assume endorsement by the federal government. Contact: Center for Psychiatric Rehabilitation 940 Commonwealth Avenue, West, Boston, MA 02215 Phone: 617.353.3549 or email: psyrehab@bu.edu