

RECOVERY TAKE HOME MESSAGES

Recovery is the act of becoming truly compassionate towards consumers and their families. It instructs us to let them be our guide in treatment.

Recovery informs our decisions by acknowledging a persons right to be:

Valued and respected

Included in decisions

Talked to rather than about

Included in discussions of plans

Included in meetings

Able to see their chart

Identified as a person with various roles

THE CENTER OF THEIR TEAM

Recovery challenges us to make our system “open-hearted” and safe.

It challenges us to remove barriers to consumers and their families.

It asks us to see the world as the people we serve, see it.

Recovery is inclusive and welcoming.

Staff is challenged to care for each other and their own well-being.

Mentoring, empathy, and a willingness to learn from each other foster staff curiosity, risk taking, and creativity.

Recovery encourages NEGOTIATION rather than demands. It assumes that clients and their family have something to offer. Negotiation is an art and is the method of choice to help consumers and their family members make empowering decisions.

Recovery cannot occur without HOPE

Recovery cannot occur in a COERCIVE ENVIRONMENT

Recovery means INTERDEPENDENCE

Remember to ALWAYS INVOLVE THE FAMILY

ADVOCATE to improve those parts of our system which discourage recovery

Recovery invites the assumption that we all have problems. We must be open to working with a variety of consumers and families in a collaborative manner.

Our offices should be a place of acceptance and sanctuary. The multitude of small things that exclude consumers, must be identified and abolished.

Recovery insists that the organization provide a safe and supportive place for staff to maximize their creativity and talents.

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