

A FRIEND IN THE COFFEE SHOP

A dream took me away
From the present moment
It brought me back
To a time I love to remember
My friend was with me
In a coffee shop
The sound of the traffic
Very distracting
Straining to each others words
What had her father done?
What was her mother like?
How had her mother died?
Questions connecting in new ways
Our brains fired up
Alas the dream was fading
The memory was dimming
Suddenly I was back
Sitting
By myself in a coffee shop
A cold cup of coffee in my hand.
SusanTrapp

Don't fly like a Bird

A doctor in your hand
Is better that two. Angelizing
You into a Factory-ized soul
In meaning
In a deep spirit.
Goes much farther than that.
You would say your own universe
That struggles with wings
And not clipped like a chicken
No head, eternity really is
Everybody's justice.
Your own love is your
Own understanding and
Books can fill you up
So much you can't find
Your essence in Life.
In sense of Tardive Dyskinesia
Your exploration of destroying the body such
As my bad foot to save the mind
That's not attached to the head
Doesn't give the brain much love for itself.
Terry Steeves

Conclusion

In concluding this Tardive Dyskinesia newsletter I would like people to know that our support group meets at PeerNetBC formerly the Self-Help Resource Association on the second Wednesday of every month from 3-4:30 pm. We always welcome new people who either have TD or are interested in supporting those who do. Contributions to the awareness and knowledge of TD are always welcome. Every little bit helps towards the recognition of TD and further treatments and research in this stigmatized field of mental health.

CIF Project Manager

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Tardive Dyskinesia Support Group

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Funding organization

Consumer Initiative Fund

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