



Making Connections

What is it?

A group to help you expand your social network

For who?

Adults (19 and up) with a mental illness living in Vancouver



This program provides the opportunity for participants to:

- Mix and Mingle with others who are looking to meet new people
- Find others who share similar interests
- Discover leisure resources/opportunities in the community

All we ask is that you come **ready to meet people** and **willing to connect** with others outside of the group time.

Start Date: Thursday, January 8, 2009

Frequency: Every Thursday for 3 months

Time: 1:30 - 3:30 pm

Location: THEO BC

30 East 6th Ave, Vancouver

TO REGISTER:

- Call May (Recreation Therapist @ THEO BC) @ 604-876-0773
- Open group format (first 20 people enrolled will begin at start date, the rest will be waitlisted until spaces open up)
- Please register soon!