



CIF Feedback Form

Strongly Disagree	Disagree	Somewhat Disagree	Somewhat Agree	Agree	Strongly Agree

Project Name:						
The project offers a safe space for me						
I feel supported when I come to the project						
I have learned things that help me stay healthy						
I found out how to access other supports in the community						
I participate more in activities or events in the community						
I have new friends / am connected to more people						
I feel more connected to my community						
I can better manage daily challenges						
I feel less stressed						
I support other project participants						
I contribute to the project						
Supporting other participants and/or contributing to the project gives me a sense of purpose						

Gender: <input type="checkbox"/> female <input type="checkbox"/> male <input type="checkbox"/> other <input type="checkbox"/> prefer not to answer	Age: <input type="checkbox"/> 15 - 29 <input type="checkbox"/> 30 - 54 <input type="checkbox"/> 55+ <input type="checkbox"/> prefer not to answer	Education: <input type="checkbox"/> < high school <input type="checkbox"/> high school <input type="checkbox"/> some post-secondary <input type="checkbox"/> trade certificate <input type="checkbox"/> diploma <input type="checkbox"/> university degree <input type="checkbox"/> prefer not to answer	Income: <input type="checkbox"/> provincial benefits <input type="checkbox"/> federal benefits <input type="checkbox"/> part time work <input type="checkbox"/> full time work <input type="checkbox"/> not employed <input type="checkbox"/> prefer not to answer
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What was the most beneficial thing about participating in the project?
 (It might be something you learned, something you experienced, or a person you met.)